

Additional forms if you are planning to bring a carer, partner or parent to sit in with you in the seminar and to facilitate your learning.

Introduction.

If you do wish to bring someone to help you learn please choose them very carefully. Just because they are your carer, partner or parent and care deeply about you and your future does not necessarily mean that they are the best person to help you learn what you need from the seminar.

If you do choose to bring someone, and many people don't, please ensure they fill in the following form, so we can assess whether they will be suitable to support you in your learning and decide if it is appropriate for them to attend. We have found the kinds of qualities ideal for someone in this role are: to be fully supportive of you in understanding and applying the training, being ready to leave their preconceptions and beliefs behind, being positive and able to inspire you.

Learning facilitators' agreement.

In this document 'Student' refers to the person that is taking the seminar and has invited you to be their learning facilitator.

How the training is conducted.

Much will be demanded from you and your student over the three days of the seminar, but if you both take on the challenge then the rewards are extraordinary.

Your trainer has a very demanding role during the seminars. They have to not only present the material but also manage and assist you both as you go through that very challenging process. There are certain ground rules and understandings that will make the training easier for both of you and them.

Your trainer is completely committed to your success, as a result;

- They won't tolerate any behaviours from you or your student that prevent your student from getting the success that they deserve.
- They will deliver no-nonsense, honest and essential feedback, to both you and your student- do not mistake this as not caring.
- They will not always say what you want to hear.
- If what you, or your student, are doing is going to cost your student their success they will tell you, or your student, even if it risks you being annoyed with them.

That's how committed they are to your student's success.

Your role in the training.

You will need to fill in the training agreement below.

4. The X factor.

Please write down a few sentences on what you feel is needed from your student during the Lightning Process to get the changes that the others have achieved.

Please write down a few sentences on what you feel is needed from YOU during the Lightning Process to help ensure your student get the changes that the others have achieved.

5. Please select one answer.

a) If you are presented with information do you tend to accept things as they are rather than tending to question them?

Yes No Other.....

b) If others can get well using the process then so can my student- do you agree?

Yes No Other.....

c) My student's type of illness/issues (that they want to use the process on) are generally easily recoverable from.

It is definitely this
way

Maybe true for
some

I don't know

Not true

d) Their specific illness/issues are easy to resolve using the process.

It is definitely this
way

Maybe true for
some

I don't know

Not true

e) Their issues are different from other people's ones.

It is definitely this
way

Maybe true for
some

I don't know

Not true

6. Training Agreement.

Please read and if you agree to it, sign it.

I promise that during the training I will:

Deeply and honestly examine my beliefs

Be available for coaching at all times

Change anything that the trainer identifies as destructive

Be open to feedback of the trainer and my fellow trainees/facilitators.

Recognise that I have blindspots that I don't even know I have

Signature_____ Date_____

Conditions of payment

I understand that once paid fees cannot be refunded in the event of a cancellation on my student's part, or a failure to complete the training; this is because we run small group trainings with limited spaces; if your student takes up a space and cancels, no one else will be able to fill it once the course starts. However, if they cancel at short notice and we are able to fill your space their fees will be refunded.

We reserve the right to terminate their training or your attendance if we feel your continued participation would be unhealthy or unhelpful for you or another member of the training group. Fees will not be refunded in these circumstances.

Cancellation of seminars

On occasion unforeseen circumstances may make it necessary for us to cancel a seminar and accordingly Jackie White reserves the right to cancel seminars where appropriate. In such circumstances you will be given as much notice as possible and Jackie White will either refund the full seminar fee or, if you request, move the training to an alternative date. Liability for any losses other than the seminar costs will not be accepted.”

Ownership.

All documents you and your student receive as part of your training constitute an intellectual property and are not to be reproduced, sold or distributed in anyway.

If you agree to all of the above conditions in this document please fill in and sign the

following declaration. Iunderstand and agree that once my student has paid their fees they cannot be refunded, that I understand the statements I have agreed to and agree to adhere to the above conditions.

Signature_____

Date_____

Please return form to:

Jackie White
Lightning Process seminars
Colindale Clinic
8 Alexandra road
Birchington
Kent
CT7 0DX

Tel: 01843 841138

Mobile: 07888 896862

e-mail: thanet-therapy@live.co.uk